

\* **Family Swim Fees:**

Residents drop-in rate:  
\$5 child / \$6 adult

Non-Residents drop-in rate:  
\$9 child / \$10 adult

Any person entering the pool **MUST** pay the appropriate drop in fees even if not swimming.

# POOL SCHEDULE:

## March 6-April 5



987 Civic Center Dr Niles, IL 60714  
847-588-8400  
www.nilesfitness.com

| Sunday  | Monday                           | Tuesday   | Wednesday  | Thursday  | Friday                            | Saturday   |
|---|----------------------------------|---|--|---|-----------------------------------|--|
| LAP SWIM<br>7:00-8:45 AM  | LAP SWIM<br>5:30-8:00 AM         | LAP SWIM<br>5:30-7:45 AM  | LAP SWIM<br>5:30-8:00 AM   | LAP SWIM<br>5:30-7:45 AM  | LAP SWIM<br>5:30-8:00 AM          | LAP SWIM<br>7:00-7:55 AM                           |
| <u>AQUACISE</u><br>9:00-9:50 AM   | Adult Open Swim<br>8:00-8:30AM   | <u>AQUACISE</u><br>8:00-8:50 AM                                 | Adult Open Swim<br>8:00-8:45 AM  | <u>AQUACISE</u><br>8:00-8:50 AM                                 | Adult Open Swim<br>8:00-8:45AM    | <u>AQUACISE</u><br>8:00-8:50 AM                    |
| Adult Open Swim<br>& Private Swim<br>Lessons<br>10:00-12:00                       | <u>AQUACISE</u><br>8:45-9:35 AM  | <u>AQUACISE</u><br>9:00-9:50 AM                                 | <u>AQUACISE</u><br>9:00-9:50 AM  | <u>AQUACISE</u><br>9:00-9:50 AM                                 | <u>AQUACISE</u><br>9:00-9:50 AM   | Group Lessons<br>(Pool Closed)<br>9:00-11:35       |
| Birthday Party<br>12:00-2:45 PM   | <u>AQUACISE</u><br>9:50-10:40 AM | Aqua for Health<br>Fee Required*<br>10:05-10:50am<br>(2/25-4/1) | <u>AQUACISE</u><br>10:10-11:00 AM  | Aqua for Health<br>Fee Required*<br>10:05-10:50am<br>(2/27-4/3) | <u>AQUACISE</u><br>10:10-11:00 AM | Private Lessons<br>(Pool Closed)<br>11:35-12:30 PM |
| *Family Swim<br>12:00-2:45 PM   | LAP SWIM<br>10:45 -1:00 PM       | Adult Open Swim<br>11:00-1:00PM                                 | Aqua Fusion<br>Fee Required*<br>11:05-11:50<br>(2/19-4/2)                                  | Adult Open Swim<br>11:00-1:00 PM                                | LAP SWIM<br>11:15- 1:00 PM        | Birthday Party<br>12:00-3:45 PM                    |
| LAP SWIM<br>3:00-3:45 PM  | Adult Open Swim<br>1:00-5:50PM   | LAP SWIM<br>1:00-4:45PM   | LAP SWIM<br>12:00-2:00PM   | LAP SWIM<br>1:00-4:15 PM  | Adult Open Swim<br>1:00- 4:00 PM  | *Family Swim<br>12:30-3:45 PM                      |
| ALL PERSONS IN<br>POOL AREA<br>MUST WEAR AN<br>APPROVED SWIM<br>SUIT WITH A LINER | <u>AQUACISE</u><br>6:05-6:55 PM  | Group Lessons<br>(Pool Closed)<br>5:00-7:00pm                   | Adult Open Swim<br>2:00-4:45 PM  | SWIM CLUB<br>4:30 - 5:45 PM                                     | * Family Swim<br>4:00-7:45        |  |
|   | LAP SWIM<br>7:15-9:15            | VARSITY CLUB<br>7-8:15 PM                                       | Group Lessons<br>(Pool Closed)<br>5:00-7:00pm  | <u>AQUACISE</u><br>6:00-6:50 PM                                 |                                   |  |
|   |                                  | LAP SWIM<br>8:15-9:15PM   | <u>AQUACISE</u><br>7:00-7:50 PM  | <u>AQUACISE</u><br>6:00-6:50 PM                                 |                                   |  |
|   |                                  |   | 8:10-9:30 PM<br>Pool and Hot Tub<br>Closed for staff train-<br>ing and Hot Tub<br>cleaning | . VARSITY CLUB<br>7-8:15 PM                                     |                                   |  |
|   |                                  |   |  | LAP SWIM<br>8:15-9:15 PM  |                                   |  |