* Family Swim Fees:

Residents drop-in rate: \$5 child / \$6 adult

Non-Residents drop—in rate: \$9 child / \$10 adult

Any person entering the pool MUST pay the appropriate drop in fees even if not swimming.

POOL SCHEDULE:

March 31- May 25



987 Civic Center Dr Niles, II 60714 847-588-8400 www.nilesfitness.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LAP SWIM 7:00-8:45 AM	LAP SWIM 5:30-8:30 AM	LAP SWIM 5:30-7:45 AM	LAP SWIM 5:30-8:45 AM	LAP SWIM 5:30-7:45 AM	LAP SWIM 5:30-8:45 AM	LAP SWIM 7:00-7:55 AM
<u>AQUACISE</u> 9:00-9:50 AM	<u>AQUACISE</u> 8:45-9:35 AM	<u>AQUACISE</u> 8:00-8:50 AM	<u>AQUACISE</u> 9:00-9:50 AM	<u>AQUACISE</u> 8:00-8:50 AM	<u>AQUACISE</u> 9:00-9:50 AM	<u>AQUACISE</u> 8:00-8:50 AM
Adult Open Swim	<u>AQUACISE</u> 9:50-10:40 AM	<u>AQUACISE</u> 9:00-9:50 AM	<u>AQUACISE</u> 10:10-11:00 AM	AQUACISE 9:00-9:50 AM Aqua for Health	<u>AQUACISE</u> 10:10-11:00 AM	Group Lessons (Pool Closed)
& Private Swim Lessons 10:00-12:00	LAP SWIM 10:45 -12:00 PM	Aqua for Health Fee Required*	Aqua Fusion Fee Required* (4/10-5/22)	* Fee Required* 10:05– 10:50 AM (4/18-5/23)	LAP SWIM 11:15– 1:00 PM	9:00-11:35 Private Lessons
Birthday Party 12:00-3:00 PM	Adult Open Swim 12:00-3:55 Private Lessons	(4/16-5/21) 10:05-10:50 AM	11:05-11:50AM LAP SWIM 12:00-2:00 PM	LAP SWIM 11:00-1:00	Adult Open Swim 1:00- 4:00 PM	(Pool Closed) 11:35-12:30 PM Birthday Party
*Family Swim 12:15-2:45 PM	(Pool Closed) 4:00 - 6:00	LAP SWIM 11:00-1:00PM Adult Open Swim	Adult Open Swim 2:00-4:45 PM	Adult Open Swim 1:00-4:15 PM	* Family Swim 4:00-7:45	12:00-3:45 PM *Family Swim
LAP SWIM 3:00-3:45 PM	<u>AQUACISE</u> 6:05-6:55 PM	1:00-4:45PM	Group Lessons (Pool Closed)	SWIM CLUB 4:30 - 5:45 PM		12:30-3:45 PM
	AQUA TABATA *Fee Required (4/8-5/20)	Group Lessons (Pool Closed)	5:00-7:00pm AQUACISE	<u>AQUACISE</u> 6:00-6:50 PM		
ALL PERSONS IN POOL AREA	7:05-7:50	5:00-7:00pm VARSITY CLUB	7:00-7:50 PM	.VARSITY CLUB 7-8:15 PM		
MUST WEAR AN APPROVED SWIM	LAP SWIM 8:00-9:15	7-8:15 PM	8:10-9:30 PM Pool and Hot Tub Closed for staff train-	LAP SWIM 8:15-9:15 PM		
SUIT WITH A LINER		LAP SWIM 8:15-9:15PM	ing and Hot Tub cleaning			

Schedule Updated on 3/25/2024