

*Family Swim Fees:

Residents drop-in rate:
\$5 child / \$6 adult

Non-Resident drop- in rate:
\$9 child / \$10 adult

Any person entering the pool MUST pay the
appropriate drop-in fees, even if not swimming.

POOL SCHEDULE:

September 15-October 31



987 Civic Center Dr Niles IL 60714
847-588-8400
www.nilesfitness.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim 7:00-8:45 AM <u>AQUACISE</u> 9:00-9:50 AM (Deanna) Adult Open Swim & Private Swim Lessons 10:00-12:00 PM Birthday Party 12:00-2:45 PM *Family Swim 12:00-2:45 PM Lap Swim 3:00-3:45 PM	Lap Swim 5:30-8:00 AM Adult Open Swim 8:05-8:30 AM <u>AQUACISE</u> 8:45-9:35 AM (Cindy) <u>AQUACISE</u> 9:50-10:40 AM (Susan) Lap Swim 10:45-1:00 PM Adult Open Swim 1:05-5:50 PM <u>AQUACISE</u> 6:05-6:55 PM (Marimel) Lap Swim 7:15-9:15 PM	Lap Swim 5:30-7:45 AM <u>AQUACISE</u> 8:00-8:50 AM (Cindy) <u>AQUACISE</u> 9:00-9:50 AM (Karen) Aqua for Health Fee Required* 10:05-10:50 AM (9/8-10/27) Adult Open Swim 11:00-12:55 PM Lap Swim 1:00-4:45 PM Group Lessons (Pool Closed) 5:00-7:00pm Lap Swim 7:15-9:15 PM	Lap Swim 5:30-8:00 AM Adult Open Swim 8:05-8:45 AM <u>AQUACISE</u> 9:00-9:50 AM (Duvia) <u>AQUACISE</u> 10:10-11:00 AM (Karen) Lap Swim 11:05-2:00 PM Adult Open Swim 2:05-4:45 PM Group Lessons (Pool Closed) 5:00-7:00pm <u>AQUACISE</u> 7:05-7:55 PM (Julie) 8:10-9:30 PM Pool & Hot Tub Closed for Staff training & Hot Tub cleaning	Lap Swim 5:30-7:45 AM <u>AQUACISE</u> 8:00-8:50 AM (Duvia) <u>AQUACISE</u> 9:00-9:50 AM (Karen) Aqua for Tabata Fee Required* 10:05-10:50 AM (9/10-10/29) Adult Open Swim 11:00-12:55 PM Lap Swim 1:00-4:15 PM Swim Club 4:30-5:45 PM <u>AQUACISE</u> 6:05-6:55 PM (Becca) Adult Open Swim 7:10-8:10 PM Lap Swim 8:15-9:15 PM	Lap Swim 5:30-8:00 AM Adult Open Swim 8:05-8:45 AM <u>AQUACISE</u> 9:00-9:55 AM (Becca) <u>AQUACISE</u> 10:10-11:00 AM (Karen) Lap Swim 11:15- 1:00 PM Adult Open Swim 1:05- 3:45 PM *Family Swim 4:00-7:45 PM	Lap Swim 7:00-7:55 AM <u>AQUACISE</u> 8:00-8:50 AM (Duvia) Group Lessons (Pool Closed) 9:00-11:35 AM Private Lessons (Pool Closed) 11:35-12:30 Birthday Party 12:00-2:45 PM *Family Swim 12:30-3:45 PM

ALL PERSONS IN
POOL AREA
MUST WEAR AN
APPROVED
SWIM SUIT WITH
A LINER